



# **Rules & Requirements**

- 1. All students must attain 20 FOSS credits to meet the semester goal.
- 2. In-person event attendance = earn credits on schedule.
- 3. No credit will be given for repeat attendance.
- 4. Any video makeup = **1** FOSS credit.
- 5. ULC and Writing Center visits will count as 1 event credit per visit (online or in-person are acceptable);

but it must be an "academic service" which is defined as a service where a staff member directly assists student. (i.e. NOT computer use or independent study)

6. ULC and Writing Center visits credits will count toward the attainment of the semester goal up to a maximum of **10**.

9. Additional information, event video library and attendance reporting can be found at the FOSS Community Group in Blackboard.



For more information: foss@tamiu.edu or please call (956) 326-2277



# Let's start!





## **SCHEDULE OVERVIEW**

Welcome to FOSS Fall 2016! You can expect a new approach to the same great information you have come to expect from us. Learn about our exciting and innovative schedule options

as well as what is expected of FOSS students during this semester through this video. You can always find a copy of this schedule on our website: www.tamiu.edu/foss or on our Blackboard site.





**SEPTEMBER** 

SC 236

11 AM -1 PM

# T.L.C. SUICIDE

Suicide is a serious issue that affects our community. Learn the signs of potential suicide and where to seek help in this powerful presentation. Lunch will be provided. Event is repeated at 4 PM on the same day.



# SOLE INTL. LEADERSHIP SERIES

Leadership skills are critical to your success. Get involved on campus by attending these informative monthly events featuring sought-after speakers from our campus and throughout the region. This also counts toward your SOLE fellowship. Lunch will be provided at the Student Center Ballroom.

#### IT'S ABOUT TIME!: STRATEGIES SUCCESSFUL PEOPLE USE EVERYDAY



Never have enough time? Feeling stressed? Attend this session and find out strategies to help you manage your time! Walk away with techniques and tools that you can use now!





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# Act now!





## ACADEMIC SERVICES @LCC MAIN

As your dedicated academic advisor, Ms. Alejandra Gonzalez is a vital resource for all members of the FOSS Family. Do you what she can do for you? If not, come to this event and find out about all the FOSS Academic Services you can get!

### SPEAK OUT!: SKILLS TO SUCCEED ON STAGE



SEPTEMBER

BCH 118 8 AM - 5 PM FOSS created

Communication is a key to every part of our lives. Speaking in public is an important skill to help increase your academic performance and boost your career. If you need help to learn how to speak in public, attend this event and get the tools that you will need to succeed!

### MEET YOUR PROFESSORS \*DEA

#### \*DEADLINE!

**SEPTEMBER** 

SC 230

3 - 4 PM

**FOSS created** 

Schedule an appointment to meet with each of your professors before the deadline, turn in your signed meeting confirmation form, and earn FOSS attendance credit! Yeah! Please ensure that you have completed and turned in your "Meet Your Professors" sign-ins by 5 p.m. on September 30.





G'day mates! Research and critical thinking can take you anywhere. Join Dr. Dan Mott on his journey through Australia filled with amazing experiences, culture and the nature of Australia. Find out how critical thinking and undergraduate research can take you places too! Good on ya!





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# Are you ready for midterms?





## **T.L.C. HEALTHY RELATIONSHIPS**

Are you in a romantic relationship? In this powerful presentation we will discuss and define healthy relationships. Lunch will be provided. Event will be repeated at 4 PM on the same day.

### FINANCIAL AID SERVICES @LCC MAIN



**OCTOBER** 

**ZSC 129** 

**FOSS created** 

Managing your finances is critical to completing your education. Many times, students are faced with the need to utilize scholarships, grants, loans, and other tools in order to pay for their education. This session is led by our FOSS Financial Aid advisors. Find out about all the FOSS Financial Aid services you can get!

## **MID-SEMESTER CHECK**

\*by appointment

OCTOBER

LCC P-24

10-11AM

FOSS created

Held from 10/19/16 to 11/04/16 in the Admissions Office, this event requires you to follow-up with your academic advisor. Please ensure that you bring your mid-semester grade form completed and signed, and your FOSS-issued technology to this meeting. Please make appointments by emailing foss@tamiu.edu!



#### **IBC KEYNOTE SPEAKER SERIES: TAMARA DRAUT**



The IBC Keynote Speaker Series is known for bringing a lineup of powerful and thought provoking speakers to campus. Join us for what should be an amazing presentation. In this event, Tamara Draut will be discussing "Sleeping Giant: How the New Working Class will Transform America". Join us!





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# Don't miss out these!





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## MAKE A DIFFERENCE DAY

Come and join us in making a difference by serving our community! Location to be determined. Held between 8 AM - 1 PM.





## T.L.C. DRUGS AND ALCOHOL

Drugs and alcohol are a present danger in our society. If not treated properly, there can be devastating consequences. Learn the dangers of drugs and alcohol as well as how to confront the issue in this powerful session. Lunch will be provided. Event is repeated at 4 PM on the same day.

#### **GOVERNMENT & SOCIAL SERVICES CAREER FAIR**



Interested in jobs in Government or Social Services? Come dressed for an interview and with your resume ready to this job fair to network, meet employers and get hired! Held from 1 - 4 PM. Please make sure to sign-in. Bonus activities are available!





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Hope to see you there!





# T.L.C. DEPRESSION

Everyone has a bad day. That is natural part of life. When you think you begin to consistently have more bad days than good days, then there may be something deeper to explore. Learn the signs of depression and where to seek help. Lunch will be provided. Event is repeated at 4 PM on the same day.

#### **EXPERIENTIAL LEARNING EXPERIENCE/** INTERNSHIP ORIENTATION



Students who are interested in internships, clinicals, shadowing, service-learning, undergraduate research, volunteer or other experiencebuilding activities should attend this amazing all-in-one event! Students will even be able to meet employers to begin to discuss their internships.



SC BALLROOM 10 - 11 AM



### **IBC KEYNOTE SPEAKER: VIRIDIANA RIOS**

The IBC Keynote Speaker series is known for bringing a lineup of powerful and thought provoking speakers to campus. In this event, Viridiana Rios will be discussing "The Economic Impacts of Violence and Crime in Mexico". Join



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## SERVICE-LEARNING EXPO

Service-Learning is an important part of your educational experience. Come to this event which aims to showcase current projects and discover how to get involved.



+2

**NOVEMBER** 

SC BALLROOM

1-4 PM

### SCHOOL DISTRICTS CAREER FAIR



**TBD** 

12 - 2 PM FOSS created

DECEMBER

TEXAS A&M INTERNATIONAL UNIVERSITY

> Interested in jobs with local and regional school districts? Come dressed for an interview and with your resume ready to this job fair to network, meet employers and get hired! Held from 1 - 4 PM. Please make sure to sign-in. Bonus activities are available!

### FOSS GRADUATES LUNCHEON

Members of the FOSS Family who will be graduating in December 2016 will be honored at this prestigiuos, elegant, intimate event! Congrats TAMIU FOSS Graduates!

(By invitation only)



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